



## Coach Reflective Summaries

**Thank you for taking the time to help us complete these reports. Please submit one for every student you coached. Each should take no longer than 30 minutes. Your contributions here are much appreciated.**

For your information, the input you provide here will be consolidated into a School Impact report. This includes a section that summarises the cohort's experience and talent tracker progress.

Within these, individual student reports will include student's talent tracker scores and other feedback. The final section will summarise their engagement, highlights & successes and next steps. This form asks you to contribute to this final section.

### 1) OVERALL ENGAGEMENT

This includes **attendance, participation, contribution, goal setting**. You will be asked to TICK standardised summary statements. Please note, the statements are graduated between High - Good - Emerging - Developing - Other. These terms will not be used in the report text. The final report will 'read' as adjoined sentences/ paragraphs.

### 2) HIGHLIGHTS & SUCCESSES and 3) NEXT STEPS

These are individualised sections to be written by you.

**Please help us complete these reports efficiently by checking spelling/ grammar and positively framing your comments to help inspire the young people to continue their journeys of growth .**

Email \*

xxxxxx@gmail.com

Your Name \*

First name/Surname

School Name \*

Hoe Valley School

Student's Name \*

(First name only OR first name and initial)

Alice G

## Multiple Choice Sections

### OVERALL ENGAGEMENT

Please **tick** the statement that best represents the student's overall engagement on this programme.

Tick **'Other'** if you feel none of the options is representative. Then please add your own statement (based on the style/ content of the options given/ starting with [Student Name] (as written to help with later spreadsheet/ report merges)).

☒ [Student Name] engaged exceptionally well over the course of the programme, they were comfortable with self-reflection and were comfortable in sharing their thoughts and ideas for the future.

☐ [Student Name] engaged well during the coaching sessions. It took them a little bit of time to warm up at the start of the programme, but by the end they found themselves able to self-reflect and share their thoughts and ideas for the future easily.

☐ [Student Name] engaged well over the course of the programme. However at times they found it difficult to articulate their thoughts but with some prompting and guidance they were able to make headway with sharing their thoughts and ideas for the future.

☐ [Student Name] had intermittent engagement over the course of the programme. Some sessions they engaged fully, sharing their thoughts and ideas for the future. Whereas some sessions they found it difficult to focus, which resulted in more prompting being required in order for them to self-reflect.

☐ Other: \_\_\_\_\_

### ATTENDANCE

Please **tick** the statement that best represents the student's attendance on this programme.

☒ [Student Name] had full attendance for the programme including all in school sessions and both trip days

☐ [Student Name] Unfortunately missed some sessions due to school absence which was a real shame.

☐ [Student Name] Unfortunately chose not to attend some of the programme sessions.

### NON - ATTENDANCE

Please **TICK BOX** for the session(s) that they **DID NOT** attend

Note: Coaching **ONLY** programmes - you do not need to tick regarding trip-days.

☐ The Welcome Session

☐ Coaching Session 1

☐ Coaching Session 2

☐ Into The Wild Trip Day

☒ Coaching Session 3

☐ World Of Work Trip Day

☐ Coaching Session 4

☐ Unsure - please check if any missed

### PARTICIPATION

In the coaching sessions they attended...

Tick **'Other'** if you feel none of the options is representative. Then please add your own statement (based on the style/ content of the options given/ starting with [Student Name] (as written to help with later spreadsheet/ report merges)).

☐ [Student Name] actively participated in all aspects of the coaching intervention with enthusiasm and curiosity.

☒ [Student Name] participated in activities with a positive attitude and showed interest in learning and self-improvement.

☐ [Student Name] participated in most activities with encouragement and showed a growing interest in the coaching process.

☐ [Student Name], with support and encouragement, was able to participate in some activities but required additional guidance to fully engage.

☐ Other: \_\_\_\_\_

### CONTRIBUTION

In the coaching sessions they attended...

Tick **'Other'** if you feel none of the options is representative. Then please add your own statement (based on the style/ content of the options given/ starting with **They** to help with later spreadsheet/ report merges)).

☐ They fully engaged in discussions, asked insightful questions, and sought to understand and apply new concepts.

☒ They contributed to discussions, asked relevant questions, and showed a willingness to explore new ideas.

☐ They engaged in discussions, occasionally requiring encouragement and direction to express their ideas and reflections.

☐ They initially had difficulty reflecting and often responded with "I don't know." However, as the programme progressed, with some guidance and encouragement, they became more independent in their thinking and were able to express their ideas and reflections more confidently.

☐ Other: \_\_\_\_\_

### GOAL SETTING

In the coaching sessions they attended...

Tick **'Other'** if you feel none of the options is representative. Then please add your own statement (based on the style/ content of the options given/ starting with [Student Name] (as written to help with later spreadsheet/ report merges)).

☐ [Student Name] demonstrated good initiative and took responsibility for their personal growth, setting and pursuing goals with determination.

☐ [Student Name] set personal goals and worked towards them, demonstrating a commitment to their development journey.

☐ [Student Name], with some guidance and support, was able to set personal goals and developed the confidence to pursue them, showing a willingness to learn and grow.

☐ [Student Name] took some time to understand the value of setting personal goals. They needed additional guidance to help them establish these goals and invest in their personal development journey.

☒ Other: [Student Name] set themselves challenging goals demonstrating great initiative and commitment to their development journey.

## Individualised Tailored Sections

### TRIP DAYS

Please add a sentence or two about the students engagement/ contribution/ growth on this trip day (only if you joined/ have any notes).

Note: Coaching **ONLY** programmes - you do not need to complete this section.

Start sentence with...**On the Into the Wild day.....**

On the Into the Wild day Alice showed real enthusiasm and worked brilliantly with his partner on the Crate Stacking activity. She also led the way on the raft building challenge where her team followed her lead happily. The day was a real access for Alice overall.

Start sentence with...**On the World of Work day.....**

On the Word of Work day Alice's focus levels were a little up and down, she started out really well and was engaged in the tour and the quiz. She found it a little more tricky when it came to the presentation pitch. She presented exceptionally well but found it a little more tricky to listen to team mates ideas and at one point chose to step away from the group. Well done Alice!

### TALENT AREAS

In your view, the **Talent Areas** that they made most progress in were/was.... \*

(You can **TICK** more than one)

☐ Confidence

☐ Communication

☒ Resilience

☒ Self-Awareness

Please summarise the most significant progress/ successes made during the **coaching sessions and/or Talent areas**. In one or 2 sentences/ 500 characters (or less). Please keep it simple and positively framed. (Please help us by checking spelling and grammar before submitting) \*

The main area that Alice improved upon was in her self awareness. She was able to identify the areas she wanted to improve upon - which she hadn't really thought about before. She was able to recognise that she can't always focus in class but was keen to try and rectify this and put some strategies in place.

### NEXT STEPS

Please summarise next steps.

- These can be steps the student has recognised themselves, or for us to recommend.

- These can include further research into a career aspiration or further education path.

- It could link to developing one or more of the Talent Areas or building on a specific goal(s) they had previously set for themselves

In 500 characters (or less). Please keep it simple and positively framed. (Please help us by checking spelling and grammar before submitting).

It would benefit Alice to keep setting herself small goals, particularly around her focus in class. She can now better recognise when her engagement levels start to slide. I would encourage her to take her discipline at Netball and look to replicate that in the classroom. She should continue to be her happy outgoing self. She has so much to offer and I wish her lots of luck for his future.

**Thank you so much for completing this important information to help produce these student/ school impact reports.**

Please click **SUBMIT**. You will receive an email confirmation/ summary.

Submit

Clear form

## Example Reflective Summary Report

### Engagement, Attendance and Participation

Alice engaged exceptionally well over the course of the programme, they were comfortable with self-reflection and were comfortable in sharing their thoughts and ideas for the future.

Alice unfortunately missed some sessions due to school absence which was a real shame. The session that Alice sadly did not attend were: Coaching Session 3.

Alice participated in activities with a positive attitude and showed interest in learning and self-improvement. They contributed to discussions, asked relevant questions, and showed a willingness to explore new ideas. Alice set themselves challenging goals demonstrating great initiative and commitment for their personal growth

### Highlights and Successes

On the Into the Wild day Alice showed real enthusiasm and worked brilliantly with her partner on the Crate Stacking activity. She also led the way on the raft building challenge where her team followed her lead happily. The day was a real access for Alice overall.

On the Word of Work day Alice's focus levels were a little up and down, she started out really well and was engaged in the tour and the quiz. She found it a little more tricky when it came to the presentation pitch. She presented exceptionally well but found it a little more tricky to listen to team mates ideas and at one point chose to step away from the group. Well done Alice!

The Talent areas that Alice made most progress in were Resilience & Self-Awareness.

The main area that Alice improved upon was in her self-awareness. She was **able** to identify the areas she wanted to improve upon - which she hadn't really thought about before. She was **able** to recognise that she can't always focus in class but was keen to try and rectify this and put some strategies in place.

### Next Steps

It would benefit Alice to keep setting herself small goals, particularly around her focus in class. She can now better recognise when her engagement levels start to slide. I would encourage her to take her discipline at Netball and look to replicate that in the classroom. She should continue to be her happy outgoing self. She has so much to offer and I wish her lots of luck for his future.

Please spell check before you submit your form